

# IceBand®

by MD R. Ihrman Patent Pend.

## Postoperative cooling bandage



Available in four models:



IceBand  
Shoulder



IceBand  
Hip/Lower back



IceBand  
Knee



IceBand  
Foot/Ankle

# Optimal cryotherapy after surgery

*IceBand is a Swedish clinical cold compression bandage specifically developed to relieve postoperative pain and swelling.*

*IceBand uses cryotherapy/cold therapy to provide an efficient, user friendly and cost-effective method for treating patients after surgery and/or during rehab. Thanks to its unique design, IceBand provides a long-lasting cooling effect for optimal therapeutic benefits, lowering the skin temperature without any risk of frostbites.*

*IceBand has so far been used to successfully treat more than 300 000 patients in Europe. Tests have shown that 93% of the operated patients recommend the usage of IceBand.*



## Hygienic and environmentally friendly

The cooling elements in IceBand consists of water without any additives. The bandage and its cooling elements can be refrozen and reused up to 30 times without losing effect. After rehab the bandage can be easily disposed of as household waste.



## Easy to handle

IceBand is primarily developed for clinical environments. It should be stored in a freezer close to the operating theater to be used immediately after surgery. The compression bandage consists of sealed cooling elements with frozen water and is easily applied using Velcro straps.

Thanks to its user-friendly design, patients can continue to use the bandage once released from hospital and throughout the whole postoperative rehab period. The cooling elements in IceBand can be stored in the household freezer and can be refrozen and reused up to 30 times. After rehab, the bandage can easily be disposed of as household waste.

- **Reduces pain and swelling**
- **Facilitates rehab**
- **Single-patient use for hygienic safety**
- **Cost-effective treatment**





## Safe and cost-effective treatment

IceBand is especially developed as a cryotherapeutic aid after orthopedic surgery. Compared to other medical devices, IceBand is a cost-effective way of treating pain and swelling and provides the orthopedic surgeon with the possibility to offer efficient post-operative treatment to a large number of patients at a low cost.

Since IceBand also facilitates the rehabilitation and recovery processes, it may reduce the time spent in hospital after surgery, optimizing hospital care. The compression bandage is designed for single patient use which significantly reduces the risk of cross contamination.

## Improved rehabilitation

IceBand should be applied without delay after surgery or injury. Used correctly it may facilitate the postoperative rehabilitation, shorten the recovery period and reduce the need for anesthetics and painkillers. IceBand can be used during physical therapy and rehab training. It is also a perfect aid for treating sporting injuries, like sprained ankles.

### IceBand Hip/Lower back



IB 4009

IceBand Hip/Lower back is the newest IceBand model, developed for treating pain and swelling in the hip and lower back.

IceBand Hip/Lower back provides efficient cooling treatment and is suitable for treating postoperative pain and swelling e.g. after hip replacement. The bandage provides cooling and compression for the lower part of the back as well as the hip.



### IceBand Knee



IB 4005

Knee injuries are just as common as they are painful: fractures, meniscal and tendonal tears, dislocations, and ligament injuries are frequent knee problems. Treatment, surgery and rehabilitation associated with these conditions are usually associated with a high amount of pain, swelling and discomfort.



### IceBand Shoulder



IB 4006 U

IceBand Shoulder is specifically developed to relieve pain and swelling in the muscles and joints around the shoulder, upper arm, chest, upper back and collar bone area. It provides efficient treatment of swelling around several muscle groups, e.g. biceps, triceps and pectoralis, and has a cooling effect that lasts for up to 1 hour.

IceBand Shoulder can be used for treating sprained shoulders or other sporting injuries in the shoulder area. It can also be used after training sessions and physiotherapy that would otherwise increase swelling and pain.

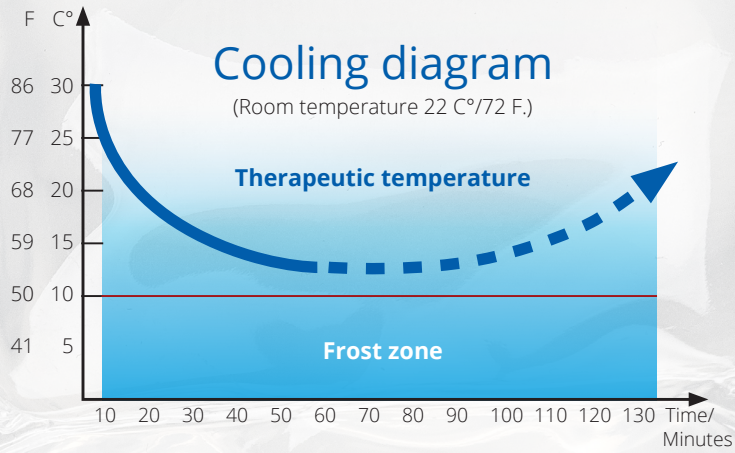


### IceBand Foot/Ankle



IB 4008 W

IceBand Foot/Ankle provides efficient cooling treatment of the whole ankle joint and is suitable for treating postoperative pain and swelling in the foot and ankle. The bandage provides cooling and compression for the lower part of the leg as well as the foot.



IceBand provides a documented cooling effect for 45-60 minutes. Thanks to the protective non-woven fabric of IceBand, skin temperature will never drop below 50°F (10°C), which rules out any risks for frostbites.



IceBand is a Swedish invention developed in co-operation with MD R. Ihrman, Orthopaedic Consultant, Orthopedic Clinic, County Hospital Ryhov, Jönköping, Sweden. IceBand® is a registered trademark.

### About IB Medical

IB Medical is a Swedish company specialized in cooling therapy. We offer user friendly, environmentally friendly and single patient use ice bandages to healthcare units and consumers around the world. Until today IB Medical is represented in 13 countries and our products are frequently used by practitioners in Sweden, USA, Ireland, the United Kingdom and several other European countries.

**IceBand®**  
by MD R. Ihrman Patent Pend.

*Fully MDR-compliant supplier of orthopedic postoperative equipment.*

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